

# Improving Nutrition of the Extremely Preterm Infant

#### Internet Live Activity

Date: 12/02/2020 Time: 4:00 – 5:00 PM EST Location: Live Webinar (hosted via GoToWebinar)

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The MEDNAX Center for Research, Education, Quality and Safety designates this Internet Live Activity for a maximum of 1.00 AMA PRA Category 1 Credits<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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The planners, moderators or speakers of this activity have the following financial relationship(s) with commercial interests to disclose:

**Cami Martin, MD** *Disclosure(s)* - Consulting Fee - Mead Johnson Nutrition; Unrestricted Research Funds - Mead Johnson Nutrition; Scientific Advisory Board - Plakous Therapeutics, Inc.; Scientific Advisory Board - LUCA Biologics; *FDA Disclosure(s)* – I have no FDA disclosures to report.

**Tim Biela, MD** Disclosure(s) - I have no financial relationships to report.

Nicole Brenson Disclosure(s) - I have no financial relationships to report.

Kassandra S Greci, DNP, APRN Disclosure(s) - I have no financial relationships to report.

#### Commercial Support:

There is no commercial support for this educational activity.

*Gap/Purpose:* Within each temporal phase of nutritional delivery are specific "what not to do" practices which exist that every practitioner in the NICU should be aware of. This presentation will address techniques to reduce the occurrence of inadequate nutritional delivery to the extremely premature infant.

## **Objectives:** At the conclusion of this activity, the participant will be able to:

## ACCME Objectives

- 1. Describe the temporal phases of nutritional delivery for the extremely preterm infant.
- 2. Identify the nutritional goals in each phase.
- 3. Discuss the "what not to do" practices in each temporal phase of nutritional delivery.

## CME – ACGME/ABMS Competencies

- 1. Patient Care and Procedural Skills
- 2. Medical Knowledge
- 3. Practice-Based Learning and Improvement

# ANCC Learning Outcomes

- 1. Describe the temporal phases of nutritional delivery for the extremely preterm infant.
- 2. Identify the nutritional goals in each phase.
- 3. Discuss the "what not to do" practices in each temporal phase of nutritional delivery.

# ANCC – IOM Competencies

1. Apply Quality Improvement

# Evaluation, Attendance and Credit:

Within <u>https://mednax.cloud-cme.com</u>, click My CE and then select Evaluations and Certificates. Follow the instructions to record attendance/time spent and complete the brief evaluation. You will have the option to email the certificate of attendance to your mailbox.