

## Identifying, Managing and Treating the Neonate with Neonatal Abstinence Syndrome

**Purpose or Gap:** Infants diagnosed with Neonatal Abstinence Syndrome are becoming more common in the NICU. Care providers are required to identify signs of withdrawal and the need for treatment. They must be able to utilize non-pharmacologic practices effectively to decrease the need for pharmacologic treatment and decrease hospital stays. Providers will also be responsible for educating families/caregivers, enhancing the bond of the mother infant/dyad and encouraging parental participation prior to discharge.

**Date:** 3/12/2020 5:00:00 PM

**Location:** San Antonio, TX

**Accreditation:**

The MEDNAX Center for Research, Education, Quality and Safety is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. (#PO258)

The MEDNAX Center for Research, Education, Quality and Safety designates this Live Activity for a maximum of 1.00 *nursing contact hour(s)*. Participants should only claim credit commensurate with the extent of their participation in the activity.

The MEDNAX Center for Research, Education, Quality and Safety designates this Live Activity for a maximum of 0.75 *pharmacotherapeutics contact hour(s)*.

**Disclosure of Financial Relationships:**

Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous continuing education activities. All individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Any real or apparent conflicts of interest related to the content of the faculty's presentation have been resolved as have any real or apparent conflicts of interest by the planners as related to the content of this conference. Beyond disclosure of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. The MEDNAX Center for Research, Education, Quality and Safety is committed to providing learners with commercially unbiased continuing education activities.

*The planners, moderators or speakers of this activity have the following financial relationship(s) with commercial interests to disclose:*

**Stephanie A Mahan, NNP** Disclosure(s) - I/we have no financial relationships to report.

**Diana Flores, RN** Disclosure(s) - I/we have no financial relationships to report.

**Kassandra S Greci, DNP, APRN, WHNP-BC** Disclosure(s) - I/we have no financial relationships to report.

**Leslie Pruitt, RN** Disclosure(s) - I/we have no financial relationships to report.

**Commercial Support:**

There is no commercial support for this educational activity.

**Objectives: At the conclusion of this activity, the participant will be able to:**

ANCC Learning Outcomes:

1. Define Neonatal Abstinence Syndrome and its incidence.
2. Identify signs and symptoms of NAS.
3. Discuss pharmacologic and nonpharmacologic treatment options.

ANCC – IOM Competencies

1. Employ Evidence-Based Practice

***Evaluation, Attendance and Credit:***

Within <https://mednax.cloud-cme.com>, click My CE and then select Evaluations and Certificates. Follow the instructions to record attendance/time spent and complete the brief evaluation. You will have the option to email the certificate of attendance to your mailbox.