

Fortification of Breast Milk: Why? When? With What?

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Target Audience - This presentation is intended for physicians, advanced practice providers, and other clinicians who treat neonates.

Purpose/Gap – Currently, there is an extremely variable use of human milk fortifiers for preterm infants. In order to decide which fortification of human milk is the most appropriate for their clinical practice, the clinician should know the scientific basis behind the fortification of human milk in the very preterm infant.

CME- ACGME/ABMS Competencies addressed in this educational activity include patient care and procedural skills, and medical knowledge.

CNE- IOM Competencies addressed in this educational activity include: Provide patient-centered care and Employ evidence-based practice.

Desired Learning Outcome - Clinicians will identify an appropriate human milk fortifier for their practice to improve the care and outcomes of their neonatal patients.

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Faculty, Planners and Reviewer Disclosures

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No relevant financial relationships or conflicts of interest to disclose. FDA: Nothing to disclose.

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No relevant financial relationships or conflicts of interest to disclose.

Commercial Support - There is no commercial support for this educational activity. Please note that the content of this educational activity was originally presented at a live conference (NEO: The Conference for Neonatology) on February 21, 2019, which was supported by educational grants from Mead Johnson Nutrition and Abbott Nutrition.

Participation and Contact hour(s) - Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 70% or greater correct on the post test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)*[™] and/or *nursing contact hour(s)*.

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