

March 11, 2020

Imaging of COVID-19

Benjamin W. Strong, MD Juan Carlos Batlle, MD, MBA



Disclosures -

Katie Lozano, MD

- I have no relevant financial relationships to disclose or conflicts of interest to resolve.
- I will not be discussing any unapproved or off-label, experimental or investigational use of a drug or device.

Greg Klisch, MD

- I have no relevant financial relationships to disclose or conflicts of interest to resolve.
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Guido Santacana Lafitte, MD

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Brian Schmidt

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Asking Questions





18.25 AMA PRA Category 1 Credit(s)™

PRACTICAL RADIOLOGY 2020: CORE TOPICS IN EMERGENCY RADIOLOGY

MARCH 26-29, 2020

OPEN TO ALL RADIOLOGISTS

LIVE STREAM ONLY





Imaging COVID-19 vRad/MEDNAX Radiology

Thanks to:

Katie Lozano, MD (vRad Radiologist)

Greg Klisch, MD (vRad Radiologist)

Guido Santacana Lafitte, MD (vRad Radiologist)

"Chest CT is a vital component in the diagnostic algorithm for patients with suspected COVID-19." (2)

"Chest CT has a high sensitivity for diagnosis of COVID-19. Chest CT may be considered as a primary tool for the current COVID-19 detection in epidemic areas." (3)

"In a series of 51 patients with chest CT and RT-PCR assay performed within 3 days, the sensitivity of CT for COVID-19 infection was 98% compared to RT-PCR sensitivity of 71% (p<.001)." (4)

"With analysis of serial RT-PCR assays and CT scans, 60% to 93% of patients had initial positive chest CT consistent with COVID-19 before the initial positive RT-PCR results." (3)

"The National Health Commission of the People's Republic of China has encouraged diagnosis based on clinical and chest CT findings alone." (2)

"In China, the disease epicenter, imaging has been at the forefront of investigation for patients with suspected or confirmed COVID-19 infection. As a result, computed tomography (CT) of the chest has been utilized on an unprecedented scale." (5)

CT findings and stages:

Stage 1 (early, 0-4 days after onset of initial symptom): Ground glass opacity (GGO), usually peripheral, can be unilateral or bilateral). Lower lobe predominance (6). Often bilateral with rounded morphology (2).

Stage 2 (progressive, 5-8 days after onset of initial symptom): Crazy paving. Increased ground glass opacities, more diffuse, with some consolidation. Lower lobe predominance (6).

Stage 3 (peak, 9-13 days after onset of initial symptom, most severe at 10 days): Bilateral consolidative opacities, can be peripheral, rounded (6). Reverse halo sign may be seen (2).

Stage 4 (absorption, 14 or more days after onset of the initial symptom): Gradual resolution of consolidation, resolution of crazy paving (6). Improvement begins centrally (2). Of note, Stage 4 is when things go well.

CT findings and stages:

Ground Glass

Crazy Paving

Consolidation

Resolution



Notably absent:

Pulmonary nodules Cavitation Lymphadenopathy (2) Pleural effusions (5) Calcification (7)

Differential:

Viral pneumonia such as influenza Other coronavirus infections including SARS (Severe Acute Respiratory Syndrome) and MERS (Middle East Respiratory Syndrome) Community-acquired pneumonia such a<u>s streptococcus, mycoplasma and chlamydia related pneumonia (7)</u>

Reporting recommendations (AZ):

1) If the requesting physician does not indicate a suspicion for coronavirus in the clinical history or in searching the electronic medical record, the radiologist should report the relevant findings on chest CT and provide a general differential diagnosis such as infection, organizing pneumonia or hemorrhage, but specifically avoid mentioning the possibility of coronavirus.

2) If coronavirus is specifically of concern as indicated in the history or medical record, the radiologist should provide an opinion as to the likelihood that the CT findings are consistent with coronavirus, while also including a statement that the CT findings are nonspecific overall. Even if the chest CT is negative, be aware that this does not rule out the possibility that the patient will subsequently develop pulmonary findings of coronavirus, and radiologists should not state that the virus has been excluded based on a negative chest CT scan.

Reporting recommendations (KY):

...asked by the Chief of Infectious Disease to instruct his onsite and remote radiologists to call the ordering clinician whenever they see CT findings that have been described with COVID-19 illness. The clinicians have been instructed to then contact the Chief of ID...

Reporting recommendations (IA):

"All lowa health care providers and public, private, and hospital clinicians shall immediately report all positive laboratory tests for Coronavirus Disease 2019 (COVID- I9) infection to the department prior to patient notification. Reports shall be made by phone (1-800-362-2736)."

COVID-19 Ground Glass Crazy Paving

COVID-19 Ground Glass Crazy Paving Consolidation

Influenza Crazy Paving Consolidation























COVID-19 Ground Glass Crazy Paving

COVID-19 Ground Glass Crazy Paving Consolidation

Influenza Crazy Paving Consolidation





















COVID-19 Ground Glass Crazy Paving

COVID-19 Ground Glass Crazy Paving Consolidation

Influenza Crazy Paving Consolidation

































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(1) Bluemke D. Special Edition Podcast. Radiology 2020; published online Feb 26 2020.

(2) Bernheim A, Mei X, Huang M, Yang Y, Fayad ZA, Zhang N, Diao K, Lin B, Li K, Li S, Shan H, Jacobi A, Chung M. Chest CT Findings in Coronavirus Disease-19 (COVID-19): Relationship to Duration of Infection. Radiology 2020; published online Feb 20 2020.

(3) Ai T, Yang Z, Hou H, Zhan C, Chen C, Lv W, Tao Q, Sun Z, Xia L. Correlation of Chest CT and RT-PCR Testing in Coronavirus Disease 2019 (COVID-19) in China: A Report of 1014 Cases.

(4) Fang Y, Zhang H, Zie J, Lin M, Yin L, Pang P, Ji W. Sensitivity of Chest CT for COVID-19: Comparison to RT-PCR. Radiology 2020; published online Feb 19 2020.

(5) Ng M, Lee EYP, Yang J, Yand F, Li X, Wang H, Lue MM, Lo CS, Leung B, Khong P, Hui CK, Yuen K, Kuo MD. Imaging Profile of the COVID-19 Infection: Radiologic Finding and Literature Review. Radiology 2020; published online Feb 13 2020.

(6) Pan F, Ye Tm Sun P, Gui S, Liang B, Li L, Zheng D, Wang J, Hesketh R, Yang L, Xheng C. Time Course of Lung Changes on Chest CT During Recovery From 2019 Novel Coronavirus (COVID-19) Pneumonia. Radiology 2020; published online Feb 13 2020.

(7) Zu ZY, Jiang MD, Xu PP, Chen W, Ni QQ, Lu GM, Zhang LJ. Coronavirus Disease 2019 (COVID-19): A Perspective from China. Radiology 2020; published online Feb 21 2020.

(8) Chung M, Bernheim A, Mei X, Zhang N, Huang M, Zeng X, Cui J, Xu W, Yang Yan Z, Jacobi A, Li K, Li S, Shan H. CT Imaging Features of 2019 Novel Coronavirus (2019-nCoV). Radiology 2020; published online Feb 4 2020.



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Juan Carlos Batlle, MD, MBA Chief of Thoracic Imaging, Baptist Health Chief of Radiology, Doctors Hospital Associate Professor, FIU College of Medicine

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Keys to Imaging

- CXR: May be subtle
- CT: Consistent, but non-specific \rightarrow viral pneumonia pattern
- CT: Bilateral peripheral rounded ground glass and progressive small areas of consolidation
- CT: Pleural effusion and lymphadenopathy LESS common and may suggest bacterial superinfection. Cavitation uncommon.
- Findings overlap with influenza, RSV, metapneumovirus, etc.
- Over time, evolution to ARDS / Diffuse Alveolar Damage both clinically and radiologically in deteriorating patients

Keys to imaging

- In patients suspected of Covid-19, Chinese authorities now confirm infection in patients with typical CT findings, even with first-negative RT-PCR result
- In early infection, even CT may be normal or near-normal (e.g., days 0-2)

Wuhan, China

- CXR Normal or Near-normal: Bilateral patchy opacities
- CT: ground glass opacities, crazy paving, consolidations



Ground glass



Crazy paving



Photo: Bengt Nyman, CC BY 3.0

Consolidation



Zu et al. Radiology Feb 21, 2020. Coronavirus Disease-19 (COVID-10) : A perspective from China

Wuhan, China

Table 3: Chest CT Imaging Features of	Coronavirus Disease 2019 (COVID-19)	
Pneumonia		
Ground glass opacities +/-consolidation	+ + +	
Pure consolidation	+	
Multiple lesions	+ + +	
Bilateral involvement	+ + +	
Posterior part / lower lobe predilection	+ + +	
Peripheral / subpleural distribution	+ + +	
Crazy-paving pattern	+ +	
Air bronchogram	+ +	
Reversed halo sign on high-resolution CT	+	
Pleural effusion	+	
Cavitation, calcification, lymphadenopathy	Absent	
Data from Refs. ^{1,16,32,40-43,55-56}		
Note.—Plus signs indicate the relative frequency of the findings from the lowest (+) to the		
highest (+++).		

Zu et al. Radiology Feb 21, 2020. Coronavirus Disease-19 (COVID-10) : A perspective from China

Four provinces in China, 121 patients

- CT Findings:
 - Bilateral
 - Ground glass opacities and/or consolidation





GROUND-GLASS OPACITIES AND CONSOLIDATION		
Absence of Both Ground-Glass Opacities and Consolidation	27 (22)	
Presence of Either Ground-Glass Opacities or Consolidation	94 (78)	
Presence of Ground-Glass Opacities without Consolidation	41 (34)	
Presence of Ground-Glass Opacities with Consolidation	50 (41)	
Presence of Consolidation without Ground-Glass Opacities	2 (2)	
NUMBER OF LOBES AFFECTED		
0	27 (22)	
1	18 (15)	
2rad	14 (12)	
3	11 (9)	
4	18 (15)	
5	33 (27)	
More than 2 lobes affected	62 (51)	
Bilateral Lung Disease	73 (60)	
REQUENCY OF LOBE INVOLVEMENT		
Right Upper Lobe	53 (44)	
Right Middle Lobe	50 (41)	
Right Lower Lobe	79 (65)	
Left Upper Lobe	58 (48)	
Left Lower Lobe	76 (63)	
TOTAL LUNG SEVERITY SCORE		
Mean	3	
Range	0 - 18	
Standard Deviation		
ote: Numbers in Parentheses are Percentages		

Bernheim et al. *Radiology* Feb 20, 2020. Chest CT findings in Coronavirus Disease-19 (COVID-10) – Relationship to duration of infection. Four provinces in China.



Ai T et al. *Radiology* Feb 26 2020. Correlation of chest CT and RT-PCR testing in Coronavirus Disease 19 (COVID-19) in China: A report of 1014 cases.

29yo male with fever for 6 days



34yo male with fever for 4 days



Ai T et al. *Radiology* Feb 26 2020. Correlation of chest CT and RT-PCR testing in Coronavirus Disease 19 (COVID-19) in China: A report of 1014 cases. Wuhan China.

46yo female with fever for 4 days



62yo male with fever for 2 weeks



Ai T et al. *Radiology* Feb 26 2020. Correlation of chest CT and RT-PCR testing in Coronavirus Disease 19 (COVID-19) in China: A report of 1014 cases. Wuhan China.

9 patients in Korea



Ho Yoon S et al. *Korean J Radiol*. Feb 26, 2020. Chest radiographic and CT findings of the 2019 novel coronavirus disease (COVID-19): Analysis of 9 patients treated in Korea

9 patients in Korea



Ho Yoon S et al. Korean J Radiol. Feb 26, 2020. Chest radiographic and CT findings of the 2019 novel coronavirus disease (COVID-19): Analysis of 9 patients treated in Korea

81 patients at Wuhan Jinyintan hospital or Union Hospital of Tongji Medical College, China

of Involved Lung Segments Affected on CT According to Duration of Symptoms



Shi H et al. *The Lancet* Feb 24, 2020. Radiological findings from 81 patients with COVID-19 pneumonia in Wuhan, China: A descriptive study.

81 patients at Wuhan Jinyintan hospital or Union Hospital of Tongji Medical College, China

60yo male (died 4 days later)

77yo M over 3 weeks, died at day 30





81 patients at Wuhan Jinyintan hospital or Union Hospital of Tongji Medical College, China

42yo F with resolution of findings over 18 days and eventual discharge from hospital (day 20)



Shi H et al. *The Lancet* Feb 24, 2020. Radiological findings from 81 patients with COVID-19 pneumonia in Wuhan, China: A descriptive study.

81 patients at Taizhou Enze Medical Center

30% of patients with positive CT findings had negative RT-PCR at presentation 81 patients presented to Taizhou Enze Medical Center (Group) Enze Hospital between January 19, 2020 and February 4, 2020 with eventual diagnosis of COVID-19 by RT-PCR testing and with initial chest CT.



Fang Y et al. Radiology Feb 19, 2020. Sensitivity of Chest CT for COVID-19: Comparison to RT-PCR

81 patients at Taizhou Enze Medical Center

43yo M





74yo M

55yo F



Fang Y et al. *Radiology* Feb 19, 2020. Sensitivity of Chest CT for COVID-19: Comparison to RT-PCR.

21 patients, Wuhan, China

4 Stages: Early (0-4 days): Ground glass opacity

Progressive (5-8 days): Add consolidation

Peak (9-13 days): Maximal GG / consolidation

Absorption (>13 days): Resolution of consolidation. Ground glass may persist (and can persist >26d)

47yo F Day 3

Day 7



Pan F et al. *Radiology* Feb 13, 2020. Time course of lung changes on chest CT during recovery from 2019 Novel Coronavirus (COVID-19) pneumonia

167 patients, Radiology Quality Control Centre, Hunan province

> 3% of patients RT-PCR negative but positive findings on CT

167 patients presented to Radiology Quality Control Centre of Hunan province between January 16 2020 and February 2 2020 with both RT PCR and chest CT at initial presentation 5 patients with 155 patients with 7 patients with negative RT-PCR and positive RT-PCR and positive RT-PCR and positive CT at initial positive CT at initial negative CT at initial presentation presentation presentation 5/5 patients had RT-1 patient who had a PCT that became CT scan that later positive between 2 became positive and 8 days later) (after 5 days) for pneumonia

Xie X et al. *Radiology* Feb 12, 2020. Chest CT for typical 2019-nCoV pneumonia: Relationship to negative RT-PCR testing

167 patients, Radiology Quality Control Centre, Hunan provice

62yo F

Examples of RT-PCR negative, CT positive patients

60yo M

в

Xie X et al. *Radiology* Feb 12, 2020. Chest CT for typical 2019-nCoV pneumonia: Relationship to negative RT-PCR testing

25yo F

219 COVID-19 pts (Hunan, China) and 205 nonCOVID viral pna pts (Providence, RI)

Chinese and US-based radiologists both had good (but variable) sensitivity and specificity in identifying COVID-19 versus viral pneumonia (blinded to RT-PCR results)

Mean age COVID-19: 45 years Mean age non-COVID: 65 years

Respiratory Pathogen Panel Positive Results: Final Cohort



Bai HX et al. *Radiology* Mar 10, 2020. Performance of radiologists in differentiating COVID-19 from viral pneumonia on chest CT.

219 COVID-19 pts (Hunan, China) and 205 nonCOVID viral pna pts (Providence, RI)

	COVID-19	Non-COVID-19
Central distribution	1%	6%
Peripheral distribution	80%	57%
Mixed distribution	14%	35%
Ground Glass Opacity	91%	68%
Fine Reticular Opacity	56%	22%
Pleural Effusion	4%	39%
Lymphadenopathy	3%	10%

Bai HX et al. *Radiology* Mar 10, 2020. Performance of radiologists in differentiating COVID-19 from viral pneumonia on chest CT.

Reporting

 COVID-19 pneumonia overlaps with many other viral pneumonias (influenza, RSV, metapneumovirus)

 "Atypical/viral pneumonia pattern": Bilateral peripheral rounded/patchy ground glass

 Direct communication with referring can be very helpful for discussion of travel/exposure history Q&A



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